

Welcome to Washington, D.C.!

I am so honored to represent you in the United States House of Representatives. As I walk through the halls of our nation's Capitol and the many other historic buildings here in Washington, D.C., I am constantly reminded of God's presence, the deep faith of many of our country's founders and America's rich past of representative democracy.

The District of Columbia is comprised of citizens from all fifty states and all walks of life, coming together to discuss and forge legislation on matters that are important to our great country and its people.

I trust that your time here in Washington, D.C. will be exciting and memorable. If there is anything I can do to make your visit more enjoyable, please come by and visit my office at 307 Cannon House Office Building or call my staff at 202-225-5031.

God Bless,

A handwritten signature in black ink that reads "Gregg Harper".

Gregg Harper
Member of Congress

Tours and Attractions 3-13

DC attractions are a playground of national treasures – from the Smithsonian museums to legendary landmarks like the Capitol and the White House. It is truly a city that makes history. Discover it for yourself in classic sights like the Library of Congress as well as the Lincoln Memorial! Plug into the energy of interactive attractions like the International Spy Museum and Newseum.

Getting Around..... 14-16

It's easy to get around DC, with its logically laid-out streets and easy-to-use public transportation system – Metro, which are conveniently located throughout the metropolitan area to get you to your preferred destination. There is also the Circulator Bus and Tourmobile and taxis. You can also get out your tennis shoes, because Washington, DC was just ranked the number 1 city in the nation for walking.

Theater Life.....17

Washington, DC's theatre scene is surprising and sophisticated - Wind down after your day of sightseeing from world-premiere plays at the Kennedy Center and Shakespeare Theatre Company to the Opera at The Kennedy Center Opera House and Studio Theatre. The music scene lights up at venues all around town.

Restaurants.....18-23

Celebrity chefs and home-grown talents take the helm at DC's restaurants. Discover the local flavors of the Chesapeake Bay, mingle with politicians in power dining hotspots and taste the international influences that give DC restaurants their unique character. From delicious crab cakes to the royal blue velveteen seats at Old Ebbitt's Grill, come experience it all!

Hotels and Accommodations.....24

International chains and independent boutique hotels abound in DC, catering to business visitors, family travelers and couples looking for romantic getaways. Some hotels even offer complimentary transportation to key destinations.

Shopping.....25-27

Discover unique home furnishings, trendy clothing and other treasures to take with you in DC's specialty shops. From Pentagon City's four story mall to the quaintness of Old Town Alexandria, DC has something for everyone!

Sports.....28

Love the outdoors? DC's beautiful mid-Atlantic location makes it a perfect place for biking, hiking and water sports. If you'd rather watch the game than play, you're in luck. Our calendar is packed with professional sports action year-round.

TOURS AND ATTRACTIONS

Tours Booked Through Our Office:

THE WHITE HOUSE



Summary: For two hundred years, the White House has stood as a symbol of the Presidency, the United States government, and the American people. Its history, and the history of the nation's capital, began when President George Washington signed an Act of Congress in December of 1790 declaring that the federal government would reside in a district "not exceeding ten miles square...on the river Potomac." President Washington, together with city planner Pierre L'Enfant, chose the site for the new residence, which is now 1600 Pennsylvania Avenue. President John Adams, our second President

was the first to live in the completed White House.

Booking Tour: Please book your tour through our Congressional office by contacting Emily Penn at 202.225.503. Please allow a six month notice in requesting a tour; our office will be contacted by the White House one week before the desired tour date. If your tour is approved, Emily will contact you to acquire the appropriate security information to enter the White House: SSN and date of birth. The White House does not allow tours to be booked for specific times; only specific dates. If the tour is approved, the White House will assign a time and you will be contacted by Emily.

Location: 1600 Pennsylvania Ave NW

Metro Stop: Farragut North (**Red** Line) and Farragut West (**Blue** or **Orange** Lines).

Hours of Operation: Tue - Thurs 7:30am - 11:00am; Fri 7:30am - 12:00pm and Sat 7:30am - 1:00pm

Cost: Free

Length: self-guided

The United States Capitol



Summary: The Capitol is home to the U.S. Congress and its two legislative bodies, the U.S. House of Representatives and the U.S. Senate.

Booking Tour: Please log on to www.visitthecapitol.gov. From there, you can book the tour convenient to your personal schedule. If you need any assistance, please contact Emily.

Location: To begin your tour, you will enter the Capitol Visitor's Center on the east side at the intersection of East Capitol and First Street, NE. From there, you will watch an excellent video and be led through the Capitol by a professional tour guide.

Metro Stop: Capital South (**Blue** or **Orange** Lines).

Hours of Operation: Mon - Fri Tours 8:45am - 3:45pm; Galleries 9:00am - 4:30pm (not in session)

Cost: Free

Length: 1 hour. There are also walk-up tours available. If you miss your reserved time or want to go at a different time, simply go to the line in the visitor area marked "Public Walk-Up Tours" there you will be given tickets for the next tour slot.

The Supreme Court



Summary: The Supreme Court was first called to assemble on Feb. 1, 1790, in the Merchants Exchange Building in New York City, then to the Nation's Capital. The first Supreme Court Chief Justice was John Jay of New York.

Booking Tour: Please book your tour through our Congressional office by contacting Emily Penn at 202.225.5031

Location: First & East Capitol Streets, N.E., enter from the west (doors facing the Capitol).

Metro Stop: Union Station (**Red** Line).

Hours of Operation: Reserved tours begin Mon – Fri at 2:00pm. We recommend booking at least 3 months in advance. If your request is accepted, please report to the info desk in the main lobby no later than 1:45pm.

(Courtroom lectures are held every hour on the half-hour, on days that the Court is not sitting, beginning at 9:30am – 3:30pm Mon– Fri) You do not need an appointment for these; it is first come, first served.

Cost: Free

Bureau of Engraving and Printing



Summary: You'll see millions of dollars being printed during a tour of the BEP. The tour features the various steps of currency production, beginning with large, blank sheets of paper, and ending with wallet-ready bills!

Booking Tour: Please book your tour through our Congressional office by contacting Emily Penn at 202.225.5031

Location: South of the National Mall on 14th & C Streets, S.W.

Metro Stop: Smithsonian Station, Independence Avenue (**Blue** or **Orange** Lines).

Hours of Operation: In case you were unable to make the reserved tour through our office, public

tours are also available at these times: Mon – Fri 9:00am – 10:45am & 12:30pm -2:00pm (every 15 minutes)

Extended Summer Hours (April-Aug.): 2:00pm – 3:45pm (every 15 minutes) and 5:00pm – 7:00pm (every 15 minutes).

Cost: Free

Length: 45-50 minutes

The State Department



Summary: The Diplomatic Reception Rooms tour includes the Entrance Hall, Transition Room, Gallery, Thomas Jefferson State Reception Room and the Benjamin Franklin State Dining Room. A little history about the seal of the United States: the revolutionaries needed an emblem and national coat of arms to give visible evidence of a sovereign nation and a free people with high aspirations and grand hopes for the future; thus creating the "Great Seal".

Booking Tour: Please book your tour through our Congressional office by contacting Emily Penn at 202.225.503; we recommend 6 months in advance.

Location: 2201 C Street, N.W.

Metro Stop: Foggy Bottom/GWU (Blue or Orange Lines).

Hours of Operation: Mon – Fri 9:30am; 10:30am; and 2:45pm.

Cost: Free

Length: 1 hour

The Pentagon



Summary: Tour includes the mission of the Department of Defense and each of its branches of service, and visits numerous displays that highlight and depict significant moments in military history.

Booking Tour: Please book your tour through our Congressional office by contacting Emily Penn at 202.225.5031

Location: 1400 Defense Pentagon

Metro Stop: Pentagon (Yellow or Blue Lines).

Hours of Operation: Mon – Fri 9:00am – 3:00pm.

Cost: Free

Length: 1 hour

The National Cathedral



Summary: The dream of a national cathedral dates back to the days of George Washington's presidency. That dream took an act of Congress but it soon became a reality. Construction for the cathedral started in 1907. In 1912, Bethlehem Chapel opened for services in the unfinished cathedral, construction was put on hold for a brief time then resumed after a brief time for World War I, during the time there was a seizure of construction both Bodley and Vaughan (original architects) had died. Near the war's end, General John J. Pershing led fundraising efforts for the church after World War I. American architect Philip Hubert Frohman took over the design of the cathedral and was thenceforth designated the principal architect. In 1990 the completion of the west tower marked the end of 83 years of construction. Funding for the National Cathedral has

come entirely from private sources. Memorable moments in the life of the Cathedral include President Theodore Roosevelt's 1907 speech, the Rev. Dr. Martin Luther King Jr.'s last sermon, and President Ronald Reagan's State Funeral.

Booking Tour: Tours are given Mon – Wed at 9:00am. Please book your tour through our Congressional office by contacting Emily Penn at 202.225.5031. Upon confirmation of your tour, a ticket will be mailed to your house address.

Location: 3101 Wisconsin Avenue, N.W.

Metro Stop: From Tenleytown – Take the Red Line to the Tenleytown/AU station. Exit on the west side of Wisconsin Avenue. Take any 30 series bus (31, 32, 36, or 37) going south on Wisconsin Avenue. Ride approximately 1 1/2 miles until you reach Woodley Avenue; the Cathedral is on your left.

From Dupont Circle (Red Line) – Take the N2, N3, N4, or N6 bus until you reach the corner of Massachusetts and Wisconsin Avenues. Walk north on Wisconsin 1/2 block to the Cathedral.

From Woodley Park (Red Line) – Take a 96, 97, or X3 bus toward McLean Gardens. Get off the bus at the corner of Woodley and Wisconsin Avenues. The Cathedral is on the east side of Wisconsin Avenue.

Hours of Operation: Mon – Fri 10:00am–11:30am and 12:45–4:00pm and on Saturday 10:00am–11:30am and 12:45–3:30pm.

Cost: \$5 per adult, \$3 per senior/student/military or \$15 per family.

Length: 45 – 50 minutes.

The Treasury



Summary: Whether it is regulating national banks, determining international economic policy, collecting income and excise taxes, or manufacturing coins or bills for circulation, the one concern that still ties together the activities of the Department of the Treasury is money.

Booking Tour: Please book your tour through our Congressional office by contacting Emily Penn at 202.225.5031. If your tour is approved, you will be required to fill out a security spreadsheet with names, SSN and date of birth.

Location: 1500 Pennsylvania Avenue, N.W.

Metro Stop: McPherson Square (Blue or Orange Lines).

Hours of Operation: Saturday only 9:00am, 9:45am, 10:30am and 11:15am

Cost: Free

Length: 1 hour

The Kennedy Center



Summary: After President Kennedy's assassination in November 1963, Congress designated the National Cultural Center (designed by Edward Durell Stone) as a "living memorial" to Kennedy, and authorized \$23 million to help build what was now known as the John F. Kennedy Center for the Performing Arts.

Booking Tour: Please book your tour through our Congressional office by contacting Emily Penn at 202.225.5031. Public tours are also offered: Mon – Fri 10:00am – 5:00pm and Sat – Sun 10:00am – 1:00pm

Location: 2700 F Street N.W.

Metro Stop: The Foggy Bottom/GWU Station (**Blue** or **Orange** Lines) at 23rd and I streets, NW, is the stop closest to the Kennedy Center. From there it is a short walk via New Hampshire Avenue OR use our FREE Kennedy Center Shuttle. The shuttle departs every 15 minutes from 9:45 a.m.-Midnight Monday-Friday, and 10 a.m.-Midnight Saturdays, and noon-Midnight Sundays and 4:00 p.m.-Midnight on Federal holidays.

Hours of Operation: Mon – Fri 9:30am – 4:30 pm and Sat – Sun 9:30am.

Cost: Free

Length: 1 hour

The Library of Congress



Summary: The Library of Congress is the nation's oldest federal cultural institution and serves as the research arm of Congress. It is also the largest library in the world, with millions of books, recordings, photographs, maps and manuscripts in its collections.

Booking Tour: Please book your tour through our Congressional office by contacting Emily Penn at 202.225.503.

Location: 1st Street S.E., between Independence Avenue and East Capitol Street.

Metro Stop: Capital South (**Blue** or **Orange** Lines) **OR** Union Station (**Red** Line).

Hours of Operation: In case you were unable to make the reserved tour through our office, public

tours are also available at these times: Mon-Sat 10:30am, 11:30am, 1:30pm, 2:30pm and 3:30pm Daily.

Cost: Free

Length: 1 hour

The National Archives



Summary: From its founding, our federal government has documented its policies and decisions, but for almost 150 years it had virtually no method or place to safeguard historically important records. During those years, fires destroyed important documents, reinforcing the need for an archives. By the early 20th century an organized effort aimed at creating the National Archives began, but it was not until 1926 that Congress finally approved the National Archives Building.

Booking Tour: For a reserved time to walk through the national Archives, please book your tour through our Congressional office by contacting Emily Penn at 202.225.5031. Reserved tours are

given Mon-Fri at 9:45 ONLY. You may also visit the Archives any time, Mon – Sat without a reservation.

Location: 700 Pennsylvania Avenue.

Metro Stop: Archives/Navy Memorial (**Green** and **Yellow** Lines).

Hours of Operation: Mon, Tue, and Sat, 9:00am - 5:00pm; Wed, Thurs, and Fri, 9:00am - 9:00pm **Tours given** Mon – Fri 9:45am.

Cost: Free

Length: 1 hour

Tours and Attractions in DC Area, Not Booked Through Our Office:

George Washington's Mount Vernon



Summary: Forty-five acres of the Mount Vernon estate are open to the public. A spectacular view of the Potomac River from the Mansion's piazza transports visitors back in time. Four gardens showcase heirloom plants known to have been at Mount Vernon in the late 1700s. Washington himself designed the landscape which includes 13 trees that stand today as the last living witnesses of Washington's lifetime.

Booking Tour: We recommend buying tickets online as this will allow you to bypass the Ticket Window line. Please note that there is a \$2 transaction fee. All sales are final. Please print your

tickets in advance of your arrival. You will need your printed tickets to enter the Estate.

For help purchasing tickets please call: 1-800-429-1520 or email onlineticketing@mountvernon.org.

Web Address: <http://www.mountvernon.org/>

Metro Stop: Huntington Station in Virginia (Yellow Line). Exit at the lower level (Huntington Avenue) of the station to catch a Fairfax Connector bus to Mount Vernon. For information about trains, call Metro at (202) 637-7000 or visit

<http://www.wmata.com/default.cfm>

OR you have the option of purchasing a ticket on the Tourmobile Sightseeing Tours from Washington, D.C. and Arlington, V.A. at (202) 554-5100 or visit http://www.tourmobile.com/tours_seasonal.php

Hours of Operation: Mount Vernon is open seven days a week, every day of the year, including holidays and Christmas.

Mount Vernon welcomes visitors on the following schedule:

April through August, 8:00am - 5:00pm **March, September, and October,** 9:00am - 5:00pm **November through February,** 9:00am - 4:00pm

Cost: Adults \$15.00; Seniors ages 62+ \$14.00; Youth ages 6-11 \$7.00

For additional ticket prices visit - <http://www.mountvernon.org/visit/plan/index.cfm/pid/27//cfid/29109990/cftoken/91948430>

Arlington National Cemetery



Summary: Arlington Mansion and 200 acres of ground immediately surrounding it were designated officially as a military cemetery June 15, 1864, by Secretary of War Edwin M. Stanton. More than 300,000 people are buried at Arlington Cemetery. Veterans from all the nation's wars the American Revolution through the Iraq and Afghanistan War are buried on the grass covered grounds. The Tomb of the Unknowns (also known as the Tomb of the Unknown Soldier) is guarded 24 hours a day, 365 days a year, in any weather by Tomb Guard sentinels. Sentinels, all volunteers, are considered to be the best of the elite 3rd U.S. Infantry (The Old Guard), and headquartered at Fort Myer, VA. **The Changing of the Guard** can be observed every hour (Oct 1st - March 14th) and every half hour (March 15th - Sept 30th).

Location: Arlington National Cemetery, Arlington, VA

Metro Stop: Arlington National Cemetery (Blue Line).

Hours of Operation: Open Daily 8am - 7pm (April 1st - September 30th) and 8am - 5pm (the other six months).

Cost: Free

Union Station



Summary: Opened on October 27, 1907 and completed in 1908, Union Station is considered to be one of the finest examples of the Beaux-Arts style of architecture. The Station brought to the nation's capital a new grandeur that echoed the Chicago World's Fair and began Washington's monumental transformation. The beauty and eloquence of the masterpiece is undeniable with seventy pounds of 22-karat gold leaf adorned the 96-foot barrel-vaulted, coffered ceilings. Today, Union Station continues to make history as the most visited destination in the nation's Capitol with over 32 million visitors a year.

Booking Tour: For your convenience, there is a historical information pamphlet available for self guided tours that can be acquired at the visitor's center.

Location: 50 Massachusetts Ave., NE. **Important:** GPS users must enter 2 Massachusetts Ave., NE; 50 Massachusetts Ave is not recognized. Additional driving directions may be acquired at <http://www.unionstationdc.com/about.aspx>

Web Address: <http://www.unionstationdc.com/>

Metro Stop: Union Station (Red Line).

Hours of Operation: 10:00am - 9:00pm (Monday - Saturday) and Noon - 6:00pm (Sunday).

Cost: Free

The Holocaust Museum



Summary: A living memorial to the Holocaust, the United States Holocaust Memorial Museum inspires citizens and leaders worldwide to confront hatred, promote human dignity, and prevent genocide. A public-private partnership, federal support guarantees the museum's permanence, and its far-reaching educational programs and global impact are made possible by donors nationwide.

Booking Tour: The museum is a self-guided tour with easy to follow exhibits filled with a wealth of historic information.

Location: 100 Raoul Wallenberg Place, SW

Web Address: <http://www.ushmm.org/visit/>

Metro Stop: Smithsonian (**Blue** or **Orange** Lines) **OR** Additional driving directions may be acquired at <http://www.ushmm.org/visit/gethere/>

Hours of Operation: 10:00am-5:20pm Daily - exhibitions and museum shop

Cost: Free

Washington Monument



Summary: The Washington Monument is the most prominent structure in Washington, D.C. and one of the city's earliest built attractions. It was built in honor of George Washington, who led the country to independence and then became its first President. The Monument is shaped like an Egyptian obelisk, stands 555' 5 1/8" tall, and offers views in excess of thirty miles. It was finished on December 6, 1884.

Booking Tour: Free, timed-entry tickets are required and can be reserved for a transaction fee by calling 1-877-444-6777 for individuals or 1-877-559-6777 for large groups or by going online at Recreation.gov. Free tickets for same-day visits also can be obtained on a first-come first-served basis from Washington Monument Lodge along 15th St., beginning at 8:30am. One person can obtain up to six tickets.

Location: 15th St & Constitution Ave

Web Address: <http://www.nps.gov/wamo/index.htm>

Metro Stop: Smithsonian **OR** Federal Triangle (**Blue** or **Orange** Lines). The Tourmobile is another option, it is the official interpretive visitor transportation service for the National Mall and Memorial Parks. Information and schedules for Metro can be found at www.wmata.com. Information and

schedules for Tourmobile may be found at www.tourmobile.com.

Hours of Operation: 9:00am - 5:00pm Daily

Cost: Free

Jefferson Memorial



Summary: The Thomas Jefferson Memorial, modeled after the Pantheon of Rome, is America's foremost memorial to our third president. As an original adaptation of Neoclassical architecture, it is a key landmark in the monumental core of Washington, DC. The circular, colonnaded structure in the classic style was introduced to this country by Thomas Jefferson himself. The Memorial was dedicated in 1943, but the bronze statue spectators view today is not the original, rather the replacement of the plaster model. After World War II the restrictions on the use of metals were finally lifted and the "intended" metal could be used.

Booking Tour: There is no fee or reservations associated with the Thomas Jefferson Memorial.

Location: 12th Street and Independence Avenue, SW

Web Address: <http://www.nps.gov/thje/planyourvisit/index.htm>

Metro Stop: Smithsonian (**Blue** or **Orange** Lines) allow about 10-15 minutes for the walk to the Jefferson Memorial.

Hours of Operation: 24 hours a day. Rangers are on duty to answer questions from 9:30am – 11:30pm daily.

Cost: Free

Korean War Memorial



Summary: The Korean War Veterans Memorial was authorized by Public Law 99-572 on Oct. 28, 1986 "...to honor members of the United States Armed Forces who served in the Korean War, particularly those who were killed in action, are still missing inaction, or were held as prisoners of war." The law established an advisory board of 12 veterans appointed by the President to coordinate all aspects of the memorial's construction. There are 19 statues sculpted by Frank Gaylord of Barre, Vt., and cast by Tallix Foundries of Beacon, N.Y. They are approximately 7'3" tall, heroic scale and consist of 14 Army, 3 Marines, 1 Navy, 1 Air Force. They represent an ethnic cross section of America with 12 Caucasian, 3 African American, 2 Hispanic, 1 Oriental and 1

Indian.

Location: 3rd St & M St

Web Address: <http://www.nps.gov/kowa/index.htm>

Metro Stop: The Foggy Bottom/GWU Station (**Blue** or **Orange** Lines) other Metro stations providing access to this memorial are Arlington Cemetery (**Blue** Line) across Arlington Memorial Bridge and Smithsonian (**Blue** or **Orange** Lines). All stations lie between 7/10 and 3/4 of a mile from the memorial.

Hours of Operation: 24 hours a day. Rangers are on duty to answer questions from 9:30am – 11:30pm daily.

Cost: Free

The Lincoln Memorial



Summary: "In this temple, as in the hearts of the people for whom he saved the Union, the memory of Abraham Lincoln is enshrined forever." Beneath these words, the 16th President of the United States—the Great Emancipator and preserver of the nation during the Civil War—sits immortalized in marble. As an enduring symbol of freedom, the Lincoln Memorial attracts anyone who seeks inspiration and hope. The statue of Lincoln is 19 feet high and weighs 175 tons. The original plan was for the statue to be only ten feet high, but this was changed so that the figure of Lincoln would not be dwarfed by the size of the chamber. The north and south side chambers contain carved inscriptions of Lincoln's Second Inaugural Address and his Gettysburg Address. Congress approved the bill to construct this memorial in 1910. Construction began in

1914, and the memorial was opened to the public in 1922.

Location: Lincoln Memorial Circle SW

Web Address: <http://www.nps.gov/linc/index.htm>

Metro Stop: The Foggy Bottom/GWU Station (**Blue** or **Orange** Lines) this station is just over 6/10 of a mile north of the memorial.

Hours of Operation: 24 hours a day. Rangers are on duty to answer questions from 9:30am – 11:30pm daily.

Cost: Free

U.S.M.A. War Memorial (Iwo Jima Memorial)



Summary: This famous and patriotic scene in history lives on through this memorial. The 32ft tall figures, raising a 60ft high flagpole are placed on a 10ft high base inscribed with all the major Marine Corps engagements since its founding in 1775. Also engraved on the foundation, a phrase describing the Marines Courage and Character: "Uncommon Valor was a Common Virtue."

Location: 1501 Arlington Boulevard; Arlington, VA 22209

Web Address: <http://www.aviewoncities.com/washington/iwojimamemorial.htm>

Metro Stop: Rosslyn (**Blue** or **Orange** Lines) also near Arlington National Cemetery.

Hours of Operation: 24 hours a day.

Cost: Free

Vietnam Veterans Memorial



Summary: The two black triangular granite walls of the Vietnam Veterans Memorial are sunk into the ground at an angle of 125 degrees. Each wall is 250ft long. Both walls start at a height of 8 inches and meet at their highest point, 10ft high. Inscribed in the wall are the names of more than 58,000 men and women who gave their life in the Vietnam War or who are still missing in action. The names are in chronological order, rather than alphabetized to help individualize the names. If the names were in alphabetical order, then a loved one would be lost in a sea common last names, and it would depersonalize that individual. Although it may take longer to locate and find the name in chronological order, the process is worth it to a family member or a friend. Heroes are identified

by a diamond beside the name which indicates those who died, while a cross indicates those missing in action and a body is identified, when the cross is circled.

Location: Constitution Avenue & Henry Bacon Drive NW.

Web Address: <http://thewall-usa.com/>

Metro Stop: Smithsonian (**Blue** or **Orange** Lines).

Hours of Operation: 24 hours a day.

Cost: Free

World War II Memorial



Summary: The memorial honors and commemorates the sacrifice and celebrates the victory of "the greatest generation," the 16 million who served in the armed forces of the U.S. during World War II, the more than 400,000 who died, and the millions who supported the war effort from home. Symbolic of the defining event of the 20th Century, the memorial is a monument to the spirit, sacrifice, and commitment of the American people to the common defense of the nation

and to the broader causes of peace and freedom from tyranny throughout the world. It stands as an important symbol of American national unity, a timeless reminder of the moral strength and awesome power that can flow when a free people are at once united and bonded together in a common and just cause.

Location: The memorial rests at the eastern end of the Reflecting Pool along 17th Street, NW/SW.

Web Address: <http://www.wwiimemorial.com/>

Metro Stop: Smithsonian (**Blue** or **Orange** Lines) OR Federal Triangle (**Blue** or **Orange** Lines) also provides convenience access to the World War II Memorial.

Hours of Operation: 24 hours a day.

Cost: Free

FDR Memorial



Summary: This is a memorial not only to FDR, but also to the era he represents. The memorial traces twelve years of American History through a sequence of four outdoor rooms—each room is devoted to one of FDR's terms of office. Sculptures inspired by photographs depict the 32nd President: A 10-foot statue shows him in a wheeled chair; a bas-relief depicts him riding in a car during his first inaugural. During the depths of the Great Depression, Roosevelt spoke directly to the people. "I pledge you, I pledge myself," he said in his 1932 acceptance speech, "to a new deal for the American people." Four years later, he proclaimed that "this generation of Americans has a rendezvous with destiny." Throughout his Presidency, 1933 - 1945, he addressed America

by radio in what came to be known as fireside chats. Each idea, each phrase was underscored by courage and optimism that inspired no less in the people he served.

Location: 900 Ohio Drive SW

Web Address: <http://www.nps.gov/fdrm/index.htm>

Metro Stop: Smithsonian (**Blue** or **Orange** Lines).

Hours of Operation: 24 hours a day. The Interpretive Ranger staff, are on site from 8am to 11:45pm daily except Christmas Day. The Bookstore opens from 9 am to 6 pm. All restroom facilities close at 11:30 pm.

Cost: Free

Navy Memorial and Naval Heritage Center



Summary: Dedicated on October 13, 1987, the United States Navy Memorial offers Sea Service men and women ways to reconnect with each other, celebrate their shared experiences and preserve the memories and stories of their service. The memorial also provides a forum to educate the public about the rich maritime heritage of this nation and the importance of keeping the seas of the world free.

Location: 701 Pennsylvania Ave, NW

Web Address: <http://www.navymemorial.org/>

Metro Stop: Archives/Navy Memorial (**Green** and **Yellow** Lines).

Hours of Operation: Mon - Sun 9:30am-5pm – Closed Thanksgiving, Christmas & New Year's

Cost: Free

National Law Enforcement Officers Memorial



Tour Summary: From the moment you enter the National Law Enforcement Museum, it is clear that it is unlike any other museum you've ever visited before. As you cross the glass bridge and descend into the Museum's exhibit area, your eyes and ears will begin to fill with the sights, sounds and stories of law enforcement's past, present and future.

Location: E Street NW, between 4th and 5th Streets.

Web Address: <http://www.nleomf.com/TheMuseum/about/index.php> The NLEOMF offers free guided group tours of the Memorial, but they must be scheduled at least a week in advance. To schedule a tour, or to obtain informative brochures about the Memorial, please call 202.737.3400, or use our Tour Request Form [Online](#) or [pdf](#).

Metro Stop: Judiciary Square (**Red** Line)

Hours of Operation: Open 24 hours a day. Visitors Center Hours: Mon – Fri 9am – 5pm; Sat 10am – 5pm and Sun 12 – 5pm.

Cost: Free

Smithsonian Institute: The Man Who Started It All...

In 1826, James Smithson, a British scientist, drew up his last will and testament, naming his nephew as beneficiary. Smithson stipulated that, should the nephew die without heirs (as he would in 1835), the estate should go "to the United States of America, to found at Washington, under the name of the Smithsonian Institution, an establishment for the increase and diffusion of knowledge among men." The motives behind Smithson's bequest remain mysterious. He never traveled to the United States and seems to have had no correspondence with anyone here. Some have suggested that his bequest was motivated in part by revenge against the rigidities of British society, which had denied Smithson, who was illegitimate, the right to use his father's name. Others have suggested it reflected his interest in the Enlightenment ideals of democracy and universal education.

Smithson died in 1829, and six years later, President Andrew Jackson announced the bequest to Congress. On July 1, 1836, Congress accepted the legacy bequeathed to the nation and pledged the faith of the United States to the charitable trust. In September 1838, Smithson's legacy, which amounted to more than 100,000 gold sovereigns, was delivered to the mint at Philadelphia. Recoined in U.S. currency, the gift amounted to more than \$500,000

After eight years of sometimes heated debate, an Act of Congress signed by President James K. Polk on Aug. 10, 1846, established the Smithsonian Institution as a trust to be administered by a Board of Regents and a Secretary of the Smithsonian.

The Smithsonian Institution



Location: Smithsonian Information Center in the Castle is centrally located at 1000 Jefferson Dr., SW, Washington, D.C. Ten of the Smithsonian museums in Washington, D.C., span an area from 3rd to 14th Streets between Constitution Avenue and Independence Avenue, approximately 1 mile (1.6 km). You will do a lot of walking between and within museums, plan to wear comfortable clothing and shoes!

Web Address: <http://www.si.edu/visit/hours.htm>

Metro Stop: Smithsonian (**Blue** or **Orange** Lines).

Hours of Operation: 8:30am-5:30pm Daily

Fee: Admission is **free** for **all Smithsonian museums in Washington, D.C.**, and the American Indian Museum's George Gustav Heye Center in New York.

Air and Space Museum



Summary: The Smithsonian Institution's National Air and Space Museum maintains the largest collection of historic air and spacecraft in the world, harboring hundreds of artifacts on display including the original Wright 1903 Flyer, the *Spirit of St. Louis*, the Apollo 11 command module, and a lunar rock sample that visitors can touch. It is also a vital center for research into the history, science, and technology of aviation and space flight, as well as planetary science and terrestrial geology and geophysics.

Location: Independence Ave SW

Tours: 10:30am and 1:00pm Daily

Metro Stop: Smithsonian (**Blue** or **Orange** Lines).

Web Address: <http://www.nasm.si.edu/> - for events and other attractions at the museum.

Hours of Operation: Open 10:00am-5:30pm Daily, Spring/Summer Hours March 28 - Sept 7 Daily, 10:00am-7:30pm.

American Art Museum and Portrait Gallery



Summary: American Art Museum is the home to one of the largest and most inclusive collections of American art in the world. Its artworks reveal key aspects of America's rich artistic and cultural history from the colonial period to today. More than 7,000 artists are represented in the collection, including major masters, such as John Singleton Copley, Gilbert Stuart, Winslow Homer, John Singer Sargent, Childe Hassam, Mary Cassatt, Georgia O'Keeffe, Edward Hopper, Jacob Lawrence, Helen Frankenthaler, Christo, David Hockney, Jenny Holzer, Lee Friedlander, Nam June Paik and Martin Puryear.

Location: 8th St. at F St., NW

Tours: Walk-in tours are offered daily at the Smithsonian American Art Museum.

Metro Stop: Gallery Place – Chinatown (**Green**, **Yellow** and **Red** Lines).

Web Address: <http://americanart.si.edu/>

Hours of Operation: 11:30am-7:00pm Daily

American History Museum



Summary: After a two-year, \$85 million renovation, the museum's daylight-filled center atrium has become a new public square, a gathering space for performance and entertainment, capturing the spirit and vitality of a Main Street USA. The museum's state-of-the-art "*Star-Spangled Banner*" gallery showcases the flag that inspired Francis Scott Key to write the lyrics of our national anthem. The new artifact walls, glass-fronted cases that line the first and second-floor center corridors, contain hundreds of storied artifacts from the museum's three-million-item collection. In the galleries and exhibition halls, visitors will find the top hat that President Lincoln wore the night he was assassinated at Ford's Theatre, the portable desk that Thomas Jefferson used to write the Declaration of Independence, the Ruby Slippers worn by Dorothy in the *Wizard of Oz* and hundreds of other cherished items that together tell the nation's story.

Location: 14th Street and Constitution Avenue

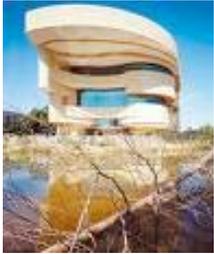
Tours: No formal tours are given although there is a self-guided tour provided for you with the use of pamphlets conveniently located at the information desk.

Metro Stop: Smithsonian OR Federal Triangle (Blue or Orange Lines).

Web Address: <http://americanhistory.si.edu/>

Hours of Operation: 10:00am–5:30pm – after September; June 12 - August 16: 10:00am–7:30pm and August 17 - September 7: 10:00am–6:30pm

The American Indian Museum



Summary: The museum's extensive collections, assembled largely by George Gustav Heye (1874–1957), encompass a vast range of cultural material—including more than 800,000 works of extraordinary aesthetic, religious, and historical significance, as well as articles produced for everyday, utilitarian use. The collections span all major culture areas of the Americas, representing virtually all tribes of the United States, most of those of Canada, and a significant number of cultures from Central and South America as well as the Caribbean.

Location: : Fourth Street & Independence Ave., S.W.

Tours: Highlights Tours (45 min.–1 hr.)

Monday–Friday: 1:30pm

Saturday & Sunday: 1:30 & 3pm

Join a Cultural Interpreter for a general overview of the museum's history, landscape, building, galleries, and other points of interest. Tours assemble in the Potomac, First Level.

Tuesday–Sunday: 11:00am

Join a Cultural Interpreter for a brief welcome and orientation to the museum, with information on the history, building, and galleries. Tours assemble in the Potomac, First Level.

Gallery Talks (20 min.)Monday–Thursday: 3:00pm

Join a Cultural Interpreter for a guided tour through the museum's exhibitions, which feature a variety of Native communities, perspectives, and ideas. Tours assemble by elevators, Third & Fourth Levels.

Fritz Scholder Gallery Tour (45 min.–1 hr.)

Friday: 3:00pm

Join a Cultural Interpreter for a thought-provoking, interactive tour exploring the art, life, and identity of Fritz Scholder. Tours assemble at the Fritz Scholder gallery entrance, Third Level.

Family Activities (2 hrs.)

Sunday, Tuesday, Thursday, Saturday: 10:00am–noon

Join staff to explore an assortment of topics on Native culture and participate in hands-on activities.

Metro Stop: L'Enfant Plaza (Blue/Orange/ Green and Yellow Lines).

Web Address: <http://www.nmai.si.edu/>

Hours of Operation: 10:00am–5:30pm daily; closed December 25. (Exhibition spaces, café, and stores begin closing at 5:15pm).

Hirshhorn Museum and Sculpture Garden



Summary: The Smithsonian Institution's Hirshhorn Museum and Sculpture Garden welcomes visitors at all levels of understanding to experience the transformative power of contemporary art. The museum collects, preserves, and presents international modern and contemporary art in all media, distinguished by in-depth holdings of major artists of the twentieth and twenty-first centuries.

Location: 7th Street and Independence Avenue SW.

Tours: 10:30 am to noon: Group tours scheduled in advance meet at the Information Desk. Schedule your tour by calling 202-633-2796 or 202-633-8043.

Noon to 4 pm: At the information desk, a guide can help you plan your visit and are available to lead you on impromptu 30-minute tours. Interpretive guides also roam the galleries to answer questions and discuss exhibitions.

Metro Stop: L'Enfant Plaza (Blue/Orange/ Green and Yellow Lines).

Web Address: <http://hirshhorn.si.edu/>

Hours of Operation: 10:00am – 5:30pm Daily

Museum of Natural History



Summary: Opened in 1910, the green-domed museum on the National Mall was among the first Smithsonian building constructed exclusively to house the national collections and research facilities. Just to name a few of the museum holdings, the collections include 30 million insects carefully pinned into tiny boxes; 4½ million plants pressed onto sheets of paper in the museum's herbarium; 7 million fish in liquid-filled jars; and 2 million cultural artifacts, including 400,000 photographs housed in the National Anthropological Archives.

Tours: No formal tours are given although there is a self-guided tour provided for you with the use of pamphlets conveniently located at the information desk.

Location: 10th Street and Constitution Ave., NW

Metro Stop: Smithsonian (**Blue** or **Orange** Lines).

Web Address: <http://www.mnh.si.edu/>

Hours of Operation: The museum is open every day of the year except December 25. Regular hours are 10:00am to 5:30pm.

Renwick Gallery of American Art



Summary: The museum's Renwick Gallery is home to the nation's premier collection of American studio craft and contemporary decorative arts. The permanent collection features works in all of the craft media—glass, ceramic, wood, fiber, and metal—as well as mixed media objects. Jewelry and studio furniture make up a significant part of the collection. Highlights include works by Wendell Castle, Robert Ebendorf, and Albert Paley. Larry Fuente's *Game Fish*, an assemblage of game pieces in the form of a trophy fish, is a favorite among Renwick visitors.

Tours: Tours meet at the Information Desk. Collection Highlights tours are offered Mon - Fri at noon, and Sat and Sun at 1pm To schedule a group tour, call (202) 633-8550 or

e-mail AmericanArtMuseumTours@si.edu at least three weeks in advance.

Location: 1661 Pennsylvania Avenue N.W. (at 17th Street)

Metro Stop: Farragut North (**Red** Line) and Farragut West (**Blue** or **Orange** Lines)

Web Address: <http://americanart.si.edu/renwick/>

Hours of Operation: 10:00am - 5:30pm Daily

Ripley Center International Gallery



Summary: The above-ground portion with the copper dome, is only a small pagoda, it descends into a larger underground portion. The Ripley Center houses the International Gallery, The Smithsonian Associates, and the offices of the Smithsonian Contributing Membership. It connects underground to the Arthur M. Sackler Gallery and the Freer Gallery of Art.

Tour: No formal tours are given although there is a self-guided tour provided for you with the use of pamphlets conveniently located at the information desk.

Location: 1100 Jefferson Drive, SW

Metro Stop: Smithsonian (**Blue** or **Orange** Lines).

Web Address: <http://www.si.edu/visit/whatsnew/RIPLEY.ASP>

Hours of Operation: Open 10am-5:30pm Daily

National Postal Museum



Summary: The Postal Museum was constructed in 1914 and served as the Washington, D.C., post office from 1914 through 1986. The Museum occupies 75,000 square feet of the building with 23,000 square feet devoted to exhibition space. The museum also houses a 6,000-square-foot research library, a stamp store and a museum shop.

Tour: Guided tours are an excellent way to see the highlights of the National Postal Museum. Guided tours can be scheduled in advance for groups of 10 or more visitors. Self-guided tours, student tours, and guided tours for walk-in visitors are also available.

Location: 2 Massachusetts Ave., N.E.

Metro Stop: Union Station (**Red** Line) leave through the Massachusetts Avenue exit. As you get off the escalator, the National Postal Museum will be across the street.

Web Address: <http://postalmuseum.si.edu/>

Hours of Operation: 10:00am – 5:30pm Daily.

The Newseum



Summary: The Newseum is Washington's newest and the world's most interactive museum! A 250,000-square-foot museum of news offers visitors an experience that blends five centuries of news history with up-to-the-second technology and hands-on exhibits. With 2 broadcast studios, 15 theaters and 14 major galleries the Newseum will be an unforgettable highlight of your visit to our nation's capital.

Tour: Newseum **Visitors Guide** [Download PDF](#) **AND** a **2-Hour Tour Guide**

Print out and take this guide with you on your next visit and, if you walk fast, you can discover some of the most compelling, revealing and fun exhibits and activities the Newseum has to offer in (about) two hours. [Download PDF](#)

Location: 555 Pennsylvania Ave., N.W.

Metro Stop: Archives/Navy Memorial-Penn Quarter (**Green** and **Yellow** Lines).

Exit the station, turn left and walk toward Pennsylvania Avenue.

Turn left onto Pennsylvania Avenue, walk toward the Capitol and cross Seventh Street.

Walk one block to the Newseum, located at the corner of Pennsylvania Avenue and Sixth Street.

OR Judiciary Square (**Red** Line).

Use the 4th Street exit. Walk south on 4th Street and turn right onto D Street. Walk one block west on D Street and veer left onto Indiana Avenue. Continue west and turn left onto 6th Street. Walk two blocks to the Newseum, located at the corner of Pennsylvania Avenue and Sixth Street.

Web Address: <http://www.newseum.org/>

Hours of Operation: 9:00am – 5:00pm daily and is closed on Thanksgiving, Christmas and New Year's Day.

Cost: Adults (19 to 64): \$20; Seniors (65 and older), military and students with valid ID: \$18; Youth (7 to 18): \$13; Children (6 and younger): Free

The Spy Museum



Summary: The Spy Museum is the only public museum in the United States solely dedicated to espionage and the only one in the world to provide a global perspective on an all-but-invisible profession that has shaped history and continues to have a significant impact on world events. The Museum features the largest collection of international espionage artifacts ever placed on public display, many which are being seen by the public for the first time. These artifacts illuminate the work of famous spies and pivotal espionage actions as well as help bring to life the strategies and techniques of the men and women behind some of the most secretive espionage missions in world history.

Tour: Please use the link provided to view many different "mission" options

<http://www.spymuseum.org/plan/ticketing.php>

Location: 9th and 8th Streets at 800 F Street, NW

Metro Stop: Gallery Place – Chinatown (**Green**, **Yellow** and **Red** Lines).

Web Address: <http://www.spymuseum.org/>

Hours of Operation: Please visit the link provided for museum hours, the hours of operation are based on a monthly schedule and are different for each month <http://www.spymuseum.org/plan/hours.php>

Cost: Children ages 5-11 \$15; Senior ages 65+, Military/Intelligence Community \$17; Adult ages 12-64 \$18

National Aquarium



Summary: The National Aquarium was first established in 1873 in Woods Hole, MA as part of the Federal Fish Commission and is now the nation's oldest aquarium. Over the years the aquarium has accumulated and preserved more than 1,500 specimens and 250 species in its collection including alligators, piranha, shark, eel and Japanese carp. It is an exciting adventure under the sea.

Tour: The aquarium is a self-guided adventure.

Location: Lower level of the Department of Commerce Building on 14th Street between Pennsylvania Avenue and Constitution Avenue NW.

Metro Stop: Federal Triangle (**Blue** or **Orange** Lines).

Web Address: <http://www.nationalaquarium.com/>

Hours of Operation: 9:00am – 5:00pm Daily with a last admission at 4:30pm. Daily animal feedings and aquarist talks at 2:00pm

Cost: Ages 11-59 \$7.00; Military/Senior Age 60 + \$6.00; Children Ages 2-10 \$3.00 and Children under 2 Free

The Circulator



The Circulator Web Address:

<http://www.dccirculator.com/DCCirculator.html#home>

Taxi Services in DC



[Yellow Cab Co of DC](http://www.dcyellowcab.com)

www.dcyellowcab.com - (202) 544-1212

[Diamond Cab-Dc](https://maps.google.com)

maps.google.com - (202) 387-2221

[Coach USA Central Cab Co](http://www.coachusa.com)

www.coachusa.com - (202) 484-7100

Limousine Services in DC



[Washington Limo Service DC Dulles Baltimore DCA Airport Car Service](http://www.starsedan.com)

www.starsedan.com - (800) 482-1535

[United Limousine, Bus, Town car Service Inc](http://www.unitedlimo.us)

www.unitedlimo.us - (202) 540-9041

Tours of the City...

City Segway Tours of Washington DC



The **Day and Night** Segway tour is the perfect tour for those new to the city who are looking to experience Washington DC with an effortless glide. See the White House, United States Capitol, Ford's Theatre, Washington Monument, Supreme Court, National Archives, Smithsonian Castle, Smithsonian Air & Space Museum, National Galleries of Art Smithsonian Natural History, Smithsonian American History Museum Spy Museum, FBI Headquarters and Old Executive Building. For Additional Information Visit - <http://citysegwaytours.com/washington-dc>

Cost: \$70 per person

624 9th Street NW
Washington, DC 20001
(202) 626-0017†
(877) 734-8687†

Monuments by Moonlight



You haven't seen Washington DC until you've seen it at night! On this narrated evening tour, you'll enjoy the sights and sounds of Washington DC, and see first-hand how Washington turns into a different city when the sun goes down!

This is a great web address to connect and book night time tours such as Night Tours by Trolley, Washington DC Bus Night Tour, Sites at Night Bike Tour, and Mount Vernon by

Candlelight Tour:

<http://www.viator.com/Washington-DC-tours/Tours-and-Sightseeing/d657-g12-c96?pref=02&aid=g1894>

Cost: Prices vary depending on your desired tour.

THEATER LIFE



[John F. Kennedy Center for the Performing Arts](#) - The Kennedy Center is the nation's busiest arts facility, presenting more than 3,000 performances each year for audiences approaching 2 million. The Center presents the greatest performers and performances from across America and around the world, nurturing new works and young artists, and serving the nation as a leader in arts education. The **Millennium Stage Theater** located within the Kennedy Center has free performances every night starting at 6:00pm, unless otherwise noted.

2700 F Street, NW

Washington, DC 20566

(202) 416-8727



[Ford's Theatre](#) - Ford's Theatre is a live, working theatre located in downtown Washington, DC. As a living tribute to President Abraham Lincoln's love of the performing arts, Ford's Theatre produces musicals and plays that embody family values, underscore multiculturalism, and illuminate the eclectic character of American life.

511 Tenth St, NW,
Washington, DC 20004
(202) 347-4833



[Shakespeare Theatre](#) - Each season, The Shakespeare Theatre presents five plays by Shakespeare and other classical playwrights in its 451-seat theatre in DC's Pennsylvania Quarter arts district.

"The nation's foremost Shakespeare company"-The Wall Street Journal

"One of the world's three great Shakespearean theatres"-The Economist

450 7th Street NW,
Washington, DC 20004
(202) 547-1122



[The Washington Opera](#) - Under the stewardship of Artistic Director Placido Domingo, The Washington Opera continues to move confidently forward on a great adventure that began when the company was founded in 1956. The Opera has achieved the stature of a world class company and plays to standing-room-only audiences at the Kennedy Center Opera House.

2600 Virginia Avenue, NW, Suite 301

Washington, DC 20037
(202) 295-2400



[Studio Theatre](#) - founded in 1978, the Studio Theatre is the third largest producing theatre in Washington DC. It is recognized as a major cultural institution in the nation's capital. The Studio Theatre has built a national reputation for the production of area premieres with bold American and European works, innovative revivals and arresting performance art. A highly energetic, eclectic urban theatre, The Studio is dedicated to the primacy of performance, intimacy between actor and audience, and the highest standard production values. The Studio Theatre has received nearly 200 Helen Hayes Award nominations for artistic excellence.

1501 14th Street, NW

Washington, DC 20005
(202) 332-3300

RESTAURANTS

It is our pleasure to share with you some of the favorite dining locations of our staff!

Congressman Gregg Harper

Tortilla Coast



At this Mexican Restaurant you will have a fun and fiesta filled time!

On Capitol Hill
400 First Street SE
Washington, DC
(202) 546-6768

<http://www.tortillacoast.com/index.htm>

Price Range: \$8 - \$16

Metro Stop: Capital South (**Blue** Line)

Attire: Casual

Hours of Operation: Mon – Wed. 11:30am - 10:00pm, Thurs - Fri 11:30am-11:00pm; Sat 11:30am - 10:00pm

Chief of Staff Michael Cravens

Chinatown Garden



: Chinatown

h St & N 7th St)
DC 20001

7

<http://www.com/biz/chinatown-garden-washington#hrid:i-wJO1I1gpNJ5atpGD0vPg/src:search/query:china%20garden>

Price Range: \$11- \$30

Metro Stop: Gallery Place – Chinatown (**Green, Yellow** and **Red** Lines).

Attire: Casual

Hours of Operation: Mon – Fri 11:00am – 11:00pm and weekends 11:00am – 9:00pm

Ruth's Chris



This location in particular is recommended for its amazing view of the Potomac River and the Capital city.

2231 Crystal Dr
Arlington, VA 22202
(703) 979-7275

OR

DuPont Circle
1801 Connecticut Ave., NE
Washington, DC 20009
(202) 797-0033

www.ruthschris.com

Price Range: \$60 +

Metro Stop: Ronald Reagan National Airport (**Blue** and **Yellow** Lines), although this is the nearest stop you will have to do a bit of walking. There are many taxis available near the airport for your convenience. DuPont Circle (**Red** Line). The DuPont Circle location is more metro accessible.

Attire: Dressy/Business

Hours of Operation: Fri Lunch 11:30am - 3:00pm and Dinner Mon – Fri 5:00pm - 10:00pm Sat 5:00pm - 10:30pm and Sun 4:00pm - 9:00p

Sequoia



As the sun dips below the spires of Georgetown University, Sequoia and its stunning views of the Potomac come to sparkling life. Sequoia features an extensive contemporary American menu that will leave you with a satisfied palate and great memories.

3000 K St NW
Washington, DC 20007
(202) 994-4200

http://www.arkrestaurants.com/sequoia_dc.html

Price Range: \$15 - \$30

Metro Stop: Metro Bus - Georgetown

Attire: Casual Elegant

Hours of Operation: Mon-Sat 11:30am-11pm and Sun 10:30am-11pm

Deputy Chief of Staff Sharon Johnson

THE CAPITAL GRILLE



The nighttime, panoramic view of the Capitol from the Capital Grille front door is "enough to make you want to salute." Come savor dry aged steaks and the freshest of seafood that will ignite your culinary imagination!

601 Pennsylvania Ave NW
(at N 6th St) Washington, DC 20004
(202) 737-6200

www.thecapitalgrille.com

Price Range: \$60 +

Metro Stop: Archives/Navy Memorial-Penn Quarter (**Green** and **Yellow** Lines).

Attire: Dressy

Hours of Operation: Mon – Sat 11:30am – 3:00pm (**Lunch**); Sun – Thurs 5:00pm – 10:00pm and Fri – Sat 5:00pm – 11:00pm (**Dinner**)

Old Post Office Pavilion



Ranked as one of Washington's top eight attractions, The Old Post Office Pavilion is equally a part of its vibrant present and a living legend of its storied past. The downtown showcase of the District's revitalized Pennsylvania Avenue, The Pavilion offers three levels of fun with a distinctly Capital "F." Mouth-watering international cuisine... sophisticated shopping... relaxation with a jazzy piano or a string quartet.

1100 Pennsylvania Ave NW
Washington, DC 20004-2501
(202) 289-4224

www.oldpostofficedc.com

Price Range: \$5 - \$10

Metro Stop: Federal Triangle (**Blue**, **Orange**) **OR** Metro Center (**Red**, **Blue**, **Orange**)

Attire: Casual

Hours of Operation: Mon-Sat. 10:00am-7:00pm and Sun. 12:00pm-6:00pm

Executive Assistant Emily Penn

Bistro Italiano



This quaint and delicious restaurant will bring your taste buds on a whimsical trip to Italy with this truly authentic restaurant.

320 D St NE,
Washington, DC
(202) 546-4522

<http://maps.google.com/maps?hl=en&source=hp&um=1&ie=UTF-8&q=bistro+italiano+dc&fb=1&split=1&gl=us&view=text&latlng=4245221584545498927>

Price Range: \$9 - \$15

Metro Stop: Union Station (**Red** Line)

Attire: Casual

Hours of Operation: Mon – Fri 11:00am-2:00pm, 5:00pm-10:00pm and Sat 5:00pm-10:00pm

Tunnickliff's



This restaurant has some of the best burgers and salads in DC, as well as an excellent weekend brunch! The food is great and the staff is super attentive!

222 7th St SE
Washington, DC 20003-4306
(202) 544-5680

<http://www.yelp.com/biz/tunnickliffs-tavern-washington>

Price Range: \$11 - \$30

Metro Stop: Eastern Market (**Blue** and **Orange** Lines)

Attire: Casual

Hours of Operation: Mon-Thu. 11:00am - 1:00am, Fri. 11:00am - 2:00am and Sat-Sun. 10:00am - 2:00am

La Loma Mexican Restaurant



316 Massachusetts Ave NE
(between N 3rd St & N 4th St)
Washington, DC 20002
(202) 548-2550

<http://www.yelp.com/biz/la-loma-mexican-restaurant-washington>

Price Range: \$11 - \$30

Metro Stop: Union Station (**Red** Line)

Attire: Casual

Hours of Operation: Sun - Fri 11:30am-10:00pm and Sat 11:30am-11:00pm

THOMAS SWEET



Cool off after a long day with a delicious ice cream, or satisfy that sweet tooth with creamy fudge or a variety of candies.

3214 P St NW
Washington, DC 20007
(202) 337-0616

<http://thomassweet.com/>

Price Range: \$5 - \$10

Metro Stop: Metro Bus – Georgetown

Attire: Casual and A SMILE!!!!

Hours of operation: Mon - Sun 8:00am -12:00am, Fri - Sat 8:00am – 1:00am

Policy Director Scot Malvaney

STARFISH CAFE



Starfish Cafe specializes on seafood prepared with a spicy Creole flavoring and a tropical Caribbean twist.

539 8th St SE
Washington, DC 20003
(202) 546-5006

<http://www.starfishcafedc.com/home.htm>

Price Range: \$11 - \$25

Metro Stop: Eastern Market (**Blue** and **Orange** Lines)

Attire: Casual

Hours of Operation: Open Mon-Thu 11:30am-3:00pm, 5:00pm-10:00pm; Fri 11:30am-3:00pm, 5:00pm-11:00pm; Sat 5:00pm-11:00pm; Sun 11:00am-3:00pm, 5:00pm-10:00pm

Rocklands



2418 Wisconsin Ave NW,
Washington, DC 20007
(202) 333-2558

3471 Washington Boulevard
Arlington, VA 22201
(703) 528-9663

<http://www.rocklands.com/location.asp>

Price Range: \$5 - \$15

Metro Stop: Virginia Square-GMU (**Orange** Line)

Attire: Casual

Hours of Operation: Mon - Sat 11:00am - 10:00pm and Sun 11:00am - 9:00pm (**DC**)
Mon - Wed and Sun 11:30am - 11:00pm; Thurs - Sat 11:30am - 12:30am (**Arlington**)

Legislative Assistant Ty Mabry

Potbelly



Known for their famous sandwiches, like "A Wreck" made with Black Angus roast beef, old world salami, oven roasted turkey breast, hickory smoked ham and melted Swiss Cheese. The chicken salad is handmade every day.

1900 L St NW
Washington, DC 20036
(202) 478-0026

www.potbelly.com – for additional locations in DC area.

Price Range: \$5 - \$15

Metro Stop: Farragut North (**Red**) OR Farragut West (**Blue, Orange**)

Attire: Casual

Hours of Operation: Mon -Fri 11:00am -9:00pm and Sat -Sun 11:00am -7:00pm

The Oceanair



The tuna you order tonight may well have been swimming yesterday afternoon. It also means Oceanair coddles each fish at an ideal refrigerated temperature until the moment it hits the grill. Oceanair keeps the recipes simple and bases the menu on seasonal preparations and regionally inspired dishes.

1201 F St NW
(between N 12th St & N 13th St)
Washington, DC 20004
(202) 347-2277
www.theoceanaire.com

Price Range: \$30 - \$60

Metro Stop: Gallery Pl-Chinatown (**Green**, **Yellow** and **Red** Lines) **OR** Metro Center (**Red**, **Blue** and **Orange**)

Attire: Dressy

Hours of Operation: Mon-Thu. 11:30am 10:00pm; Fri. 11:30am - 11:00pm; Sat. 5:00pm- 11:00pm and Sun. 5:00pm - 9:00pm

Cava Mezze



Prepare to indulge in unique Greek-inspired dishes, skillfully crafted by talented Chef Dimitri Moshovitis. All dishes are served mezze style—in small plates, but with portions large enough to share. Cava's mezze-style dining inspires conversation and laughter at the table. The dim candle-lighting and black and white family photos adorning Cava's charming brick interior walls creates a welcoming atmosphere.

527 8th Street SE
Washington, DC 20003
(202) 543-9090
www.cavamezze.com

Price Range: \$11 - \$30

Metro Stop: Eastern Market (**Blue** and **Orange** Lines)

Attire: Casual

Hours of Operation: Mon 5:00pm - 10:00pm; Tue-Thurs 11:30am- 2:30pm, 5:00pm - 11:00pm; Fri-Sat 11:30am - 2:30pm, 5:00pm- 12:00am and Sun. 11:30am - 2:30pm; 5:00pm - 10:00pm

Legislative Assistant Jordan Downs

MARTIN'S TAVERN



Martin's serves a variety of food from burgers, crab cakes, soups and salads all with a hint of Irish flare! The tradition of hospitality to has brought to the tables of our tavern, every sitting President from Harry Truman to George W. Bush. This is also the very place where President John F. Kennedy proposed to his future wife and possibly the most well known First Lady, Ms. Jackie O!

1264 Wisconsin Ave NW
Washington, DC 20007-3238
(202) 333-7370
www.martins-tavern.com

Price Range: \$11 - \$30

Metro Stop: Metro Bus – Georgetown

Attire: Casual

Hours of Operation: Mon - Fri 11:00am – 1:30am and Sat – Sun 9:00am - 2:30am

GOOD STUFF



"Good Stuff" is exactly what it is! They use top of the line meat and vegetables to make their fresh and delicious burgers and salads! Your visit is not complete without indulging in their most famous flavor homemade milkshake... "Toasted Marshmallow".

303 Pennsylvania Ave SE
Washington, DC 20003
(202) 543-8222
<http://www.goodstuffeatery.com/>

Price Range: \$11-\$30
Metro Stop: Capitol South (**Blue** and **Orange** Lines)
Attire: Casual
Hours of Operation: Mon-Sat. 11:30am - 3:30pm, 5:30pm - 11:00pm

Match Box

A hip fusion bistro and pizza restaurant! Matchbox mixes delicious with a modern twist.



Chinatown:
713 H Street NW
(between N 7th St & N 8th St) **OR**
Washington, DC 20001
(202) 289-4441
www.matchboxdc.com

Capitol Hill:
521 8th Street SE
Washington, DC 20003
(202) 548-0369

Price Range: \$11 - \$30
Metro Stop: Chinatown: Gallery Pl-Chinatown (**Green**, **Yellow** and **Red** Lines) **OR** Capitol Hill: Eastern Market (**Blue** and **Orange** Lines).
Attire: Casual
Hours of Operation: Mon – Thurs 11:00am- 10:30pm; Fri 11:00am- 11:30pm; Sat 10:00am, brunch until 3:00pm, Last seating at 11:30pm and Sun 10:00am, brunch until 3:00pm, Last seating at 10:30pm

Legislative Assistant Adam Buckalew

Old Ebbitt Grill



Old Ebbitt Grill is just steps from The White House and museums in downtown Washington. Established in 1856, it was a favorite of Presidents Grant, Cleveland, Harding and Theodore Roosevelt and is still a popular meeting spot for political insiders, journalists, celebrities and theater-goers. Its Beaux-Arts facade, mahogany and velvet booths and bars set in marble, brass and beveled glass are Washington at its finest, and The Oyster Bar at Old Ebbitt is D.C.'s most famous.

675 15th St NW
Washington, DC 20005
(202) 347-4800
http://www.ebbitt.com/main/home.cfm?Section=Main&Category=About_the_Ebbitt

Price Range: \$11 - \$30
Metro Stop: McPherson Square (**Blue** and **Orange**) Metro Center (**Red**, **Blue** and **Orange**)
Attire: We welcome you in a tuxedo, jeans, a business suit, shorts or a cocktail dress.
Hours of Operation: Mon - Fri 7:30am – 1:00am and Sat - Sun 8:30am - 1:00am

DAILY GRILL



The Daily Grill is a wonderful place for any palate! They serve everything from homemade soups and salads to steaks and seafood!

1200 18th Street NW
Washington, DC 20036
(202) 822-5282
<http://www.dailygrill.com/>

Price Range: \$30 - \$60

Metro Stop: Farragut North (**Red**) OR Farragut West (**Blue, Orange**)

Attire: Dressy

Hours of Operation: Mon-Thurs 11:30am-11:00pm; Fri and Sat, 11:30am-Midnight and Sun 10:00am-10:00pm

Eastern Market Lunch



Eastern Market is one of the few public markets left in Washington, DC and the only one retaining its original public market function. The market has been in continuous operation since 1873 and is renowned for its **crab cakes** and **blueberry pancakes**. On weekends the Eastern Market farmer's line has recently harvested produce fresh from the fields of Delaware, Pennsylvania, Maryland, Virginia and West Virginia brought directly to market to serve the Capitol Hill community. Each weekend, with over 175 exhibitors, you will also discover a wide selection of handmade pottery, jewelry, ceramics, furniture and Flea Market finds every Saturday and Sunday!

7th Street & North Carolina Avenue, SE
Washington, D.C.
(202) 698-5253
<http://www.easternmarketdc.com/>

Price Range: \$5 - \$15 crab cakes and pancakes.

Metro Stop: Eastern Market (**Blue** and **Orange** Lines)

Attire: Casual

Hours of Operation: Tue - Fri 7:00am – 7:00pm; Sat 7:00am – 6:00pm and Sun 9:00am – 5:00pm

Fall Intern Britton Smith

FIVE GUYS



Five Guys is famous for one thing: their burgers. Juicy and delicious, Five Guys burgers are some of the best in the country.

808 H St NW
Washington, DC 20001
(202) 393-2900
www.fiveguys.com

Price Range: \$5 - \$15

Metro Stop: Gallery Pl-Chinatown (**Green, Yellow** and **Red** Lines) **OR** Metro Center (**Red, Blue** and **Orange**)

Attire: Casual

Hours of Operation: Open Daily 11:00am-10:00pm

Fall Intern Rachel Moore

Georgia Brown's



Georgia Brown's food is to be slowly savored. They serve traditional fried green tomatoes, Perleau straight from Charleston, and fried chicken to compete with your Grandmama's. Proper desserts like homemade ice cream will cause you to swing your feet childlike while your spoon clatters getting every last bite.

Georgia Brown's offers a tailored side of the South. Sunday brunches are spiced with live jazz, power lunches are for talking politics, and the evening meal is savored. So eat up, but put your napkin in your lap.

950 15th St NW
Washington, DC 20005-2501
(202) 393-4499
<http://www.gbrowns.com/>

Price Range: \$11 - \$40

Metro Stop: McPherson Square (**Blue** and **Orange**)

Attire: Dressy

Hours of Operation: Mon-Thu 11:30am - 10:00pm; Fri 11:30am - 11:00pm; Sat 5:00pm - 11:00pm
Sun 10:00am - 2:30pm, Sun 5:30pm - 10:00pm

The Top of the "W" Hotel Washington



Enjoy after dinner coffee and dessert from the rooftop of this beautiful, historic hotel. The ambiance is breathtaking as you stare down to our star spangled capital city below.

515 15th Street NW
Washington, DC 20004
(202) 661-2400

http://specialoffers.starwoodhotels.com/W_Washington_DC/so.htm?PS=PS_aa_MA_Google_t_e_w_hotel_dc_060109_NAD_FM

HOTELS

The "W" Washington, DC



515 15th Street NW
Washington, DC 20004
(202) 661-2400
(202) 661-2405 - Fax
http://specialoffers.starwoodhotels.com/W_Washington_DC/so.htm?PS=PS_a_a_MA_Google_the_w_hotel_dc_060109_NAD_FM

Hotel Monaco Washington DC



700 F St NW
Washington, DC 20004
(202) 628-7177
(202) 628-7277 - Fax
monaco-dc.com

Hotel Rouge Washington DC - A Luxury Kimpton Hotel



1315 16th St NW
Washington, DC 20036
(202) 232-8000
(800) 738-1202
(202) 667-9827 - Fax
rougehotel.com

Hotel Madera Washington DC - A Luxury Kimpton Hotel



1310 New Hampshire Avenue
N.W. Washington, DC 20036
(202) 296-7600
(800) 430-1202
(202) 293-2476 - Fax
hotelmadera.com

Hay Adams Hotel



800 16th Street NW
Washington, DC US 20006
(800) 853-6807
www.hayadams.com

SHOPPING

Macy's Metro Center

1201 G St. NW

- **Coupons & Deals:** Visitors can stop by the gift wrap department to pick up a special reserved-for-visitors-only Macy's Savings Pass when you show a valid ID. Present the pass and receive 11% on purchases throughout the store (some restrictions apply). Passes are also available and valid at the Macy's locations at the Fashion Centre at Pentagon City, Tysons Galleria and Tysons Corner Center.
- **Getting there:** Take Metro's Red, Blue or Orange Line to Metro Center or the Circulator's east-west or north-south route.

The Shops at Georgetown Park

3222 M St. NW

Built in the 1800s, this Georgetown landmark that once housed horse-drawn omnibuses is now home to more than 100 shops and boutiques, including H & M, Intermix, Anthropologie, Ann Taylor and J.Crew. Open daily.

- **Coupons & Deals:** Check out some of the latest sales [here](#).
- **Getting there:** Take the Circulator's east-west route to M St. & Wisconsin Ave.

Union Station

50 Massachusetts Ave. NE

Drawing more than 32 million visitors each year, Union Station features three levels of more than 130 shops including Jos. A. Bank, Nine West, Express, White House/Black Market and more, plus casual dining options and a nine screen movie theater.

- **Coupons & Deals:** [Click here](#) for a coupon for 15% off your purchases at select stores.
- **Getting there:** Take Metro's Red Line to Union Station or the Circulator's east-west route.

SUBURBAN MALLS & SHOPPING CENTERS

Crystal City Shops

1600 Crystal Square Arcade

Arlington, VA 22202

Located just five miles outside of downtown DC, the Crystal City Shops include more than 125 specialty stores such as Daniel's Boutique, Gina's Fine Jewelry & Gifts, Elegant Expressions and more. Shoppers can enjoy leisurely dining and tasty treats in a climate-controlled underground mall.

- **Coupons & Deals:** [Click here](#) for printable coupons from dozens of shops and eateries in Crystal City.
- **Getting there:** Take Metro's Yellow or Blue Line to Crystal City.

Fashion Centre at Pentagon City

1100 South Hayes St.
Arlington, VA

Four levels of more than 170 specialty stores including Nordstrom, Macy's, Ann Taylor, BCBG, Bebe, Coach, J.Jill, Tourneau, Starbucks and Movado. Also includes the Ritz-Carlton, restaurants and food court. Open Mon. - Sat. 10 am - 9:30 pm and Sun. 11 am - 6 pm.

- **Coupons & Deals:** [Click here](#) to view the sales, events and promotions that are happening at this shopping center.
- **Getting there:** Take Metro's Yellow or Blue Line to Pentagon City.

Tysons Corner Center

1961 Chain Bridge Rd.
McLean, VA 22102

Located just seven miles west of DC, Tysons Corner Center is one of the largest shopping malls in the U.S., home to Nordstrom, Macy's, L.L. Bean, Lord & Taylor, Bloomingdale's, AMC Theatres and more than 300 stores and restaurants. Hours: Mon. - Sat. 10 am - 9:30 pm; Sun. 11 am - 7 pm.

- **Coupons & Deals:** [Click here](#) to view the sales, events and promotions that are happening at this shopping center.
- **Getting there:** Driving or taking a cab is the easiest option. If you wish to use public transit, you can take Metro's Orange Line to Dunn Loring-Merrifield then take the Fairfax Connector 401 Bus. You can also take Metrobus' 15K from the Rosslyn Metro Station (serviced by the Blue and Orange Lines) or the 28T from West Falls Church (serviced by the Orange Line).

OUTLET MALLS

Arundel Mills

7000 Arundel Mills Cir.
Hanover, MD 21076

Near BWI Airport, Arundel Mills features more than 225 specialty retailers, a variety of theme and casual dining restaurants, and cutting-edge entertainment venues including Last Call Neiman Marcus, Saks Fifth Avenue OFF 5TH, Dave & Buster's Grand Sports Café, Bass Pro Shops Outdoor World and more.

- **Coupons & Deals:** [Click here](#) to view the sales, events and promotions that are happening at this shopping center.
- **Getting there:** Drive or take a cab.

Leesburg Corner Premium Outlets

241 Fort Evans Rd. NE

Leesburg, VA 20176

Upscale outlet shopping in an attractive outdoor village setting, featuring 110 stores offering everyday savings of 25%-65% on designer and name brands like Ann Taylor Factory Store, Barneys New York Outlet, Burberry, Crate & Barrel, Saks Fifth Avenue Off 5th, Restoration Hardware, Williams-Sonoma Outlet and more. Group tour benefits available.

- **Coupons & Deals:** You can print online coupons and vouchers for additional savings when you sign up for a free membership to the VIP Shopper Club. You can sign up at www.premiumoutlets.com/vip.
- **Getting there:** Weekdays: Drive or take a cab. Weekends (from DC): Shopping Shuttle leaves from Metro Center (11th & G) at 8:30am. Call 703-478-0500 Option 1 24 hours in advance to make reservations. Adults = \$40 roundtrip (includes Free VIP Coupon Book and meal discount).

A wealth of additional information of things to do in DC and surrounding areas can be found on the following web site <http://washington.org/>

SPORTS



Summary: The Washington Nationals are a professional baseball team based in Washington, D.C. The Nationals are a member of the Eastern Division of Major League Baseball's National League. The team moved into the newly-built Nationals Park in 2008, after playing their first three seasons in RFK Stadium. The new park is located in Southeast D.C. near the Anacostia River and with views of the Capitol.

Location: Nationals Park 1500 South Capitol Street, SE

Metro Stop: Navy Yard (**Green** Line). The Navy Yard station is just a half a block

away

Game Schedule: http://washington.nationals.mlb.com/schedule/index.jsp?c_id=was

Cost: \$5 Grandstand - \$325 Presidents Seats; a complete list of prices resides on the link provided:

http://washington.nationals.mlb.com/was/ticketing/seating_pricing.jsp

Tour the Stadium: This year, the Nationals are proud to offer a special Game-Day Tour of Nationals Park in the morning when the Nationals are playing at home in the evening. Over the course of an hour, our entertaining and knowledgeable guides will provide an up-close and personal experience of the ballpark, regaling visitors and fans with baseball history and anecdotes, including visits to:

- The PNC Diamond Club, the Lexus Presidents Club and the Stars & Stripes Club
- Luxury Suites
- The Shirley Povich Media Center
- Visiting Team Dugout
- And many other Nationals Park attractions!

The tour lasts 1 hour and admission is \$12 - \$15, with children under 2 free.

There is also a "non game-day" tour available. (202) 675-6287

Other options can be found with the provided link:

<http://washington.nationals.mlb.com/was/ballpark/tours.jsp>



Summary: According to Forbes Magazine, the Redskins are the second most valuable franchise in the NFL, valued at approximately \$1.5 billion, having been surpassed by their rivals the Dallas Cowboys in 2007. Despite being the second most valuable franchise, the Redskins remain the highest grossing team in the NFL with \$327 million in revenue during the 2007 season. They have also broken the NFL's mark for single-season attendance eight years in a row. Overall, the Redskins have played for eleven NFL Championships and have won five, including three of the five Super Bowls in which they have played.

Location: 1600 Fedex Way Landover, MD 20785

Metro Stop: Morgan Boulevard (**Blue** Line) and walk to the stadium from the station.

Game Schedule: <http://www.redskins.com/gen/games/schedule.jsp> or (301) 322-8026

Cost: Prices vary, please go to [redskins.com](http://www.redskins.com) to navigate to desired information.

Tour the Stadium: Every Tuesday and Thursday at 11:00am tours last approximately 90 minutes and require a 20 person minimum. Tour includes a backstage pass to:

- Exclusive Club Suites
- Press Box
- Cheerleaders' Dance Studio
- Interview Room
- Redskins Locker Room
- Playing Field

The tour last approximately 90 minutes and require a 20 person minimum.

Admission is adults \$15, children (4-13) \$10 and children 3 – under are free.

http://www.redskins.com/gen/articles/FedExField_Backstage_Tours_26910.jsp